

### Practices and Meetings

- **PRACTICES:** Mondays from 5 to 6:15pm and Fridays from 5 to 7:30p
- **Uniform Fitting and FIRST PRACTICE:** Monday, February 27, 2023 from 5 to 6:15pm
- **MANDATORY PARENT MEETING:** Friday, March 10 from 5 to 6:30pm (during practice)
- **[No practices Spring Break March 13 to 17 and no practice Good Friday April 7]**
- The last Monday practice will be Monday, March 27, to be replaced with matches starting Monday, April 3 (see below)
- **Last Day of the Program:** Monday, May 8

### Season Matches and Tournaments:

- **DONUT TOURNAMENT:** Friday, March 24 from 5:00 to 8:15pm (in lieu of practice)
- **Finish DONUT TOURNAMENT:** Saturday, March 25 from 3:45 to 7:30pm
- **Monday Matches, April 3 from 5:00 to 8:15pm**
- **Monday Matches, April 10 from 5:00 to 8:15pm**
- **DONUT TOURNAMENT:** Friday, April 14 from 5:00 to 8:15pm (in lieu of practice)
- **Finish DONUT TOURNAMENT:** Saturday, April 15 from 3:45 to 7:30pm
- **Monday Matches, April 17 from 5:00 to 8:15pm**
- **Monday Matches, April 24 from 5:00 to 8:15pm**
- **Monday Matches, May 1 from 5:00 to 8:15pm**
- **MEDALS TOURNAMENT:** Friday, May 5 from 5:00 to 8:15pm (in lieu of practice)
- **Finish MEDALS TOURNAMENT:** Saturday, May 6 from 3:45 to 8pm
- **Monday Matches, May 8 from 5:00 to 8:15pm** (this is the last day of the program)

**NOTE:** All players are assigned a team (there are no 'cuts'). For **Monday Matches**, each team will be scheduled for two hours, either playing a double-header, or playing one hour and working one hour (working=referee-ing). Players and coaches **MUST ATTEND BOTH HOURS** and must arrive in the gym **AT LEAST 15 MINUTES PRIOR** to their first scheduled hour. Elementary Teams are usually scheduled for the 5pm and 6pm hours, rarely the 7pm hour. The official match schedule will be distributed in March, after teams are decided. ACE Teams play each other plus any outside school/club teams in the league. **Donut Tournament** = teams compete for donuts. **Medals Tournament** = teams compete for medals with tournament standing.

### Locations of all Practices, Meetings, Matches and Tournaments:

Family Church Gym: 300 Main Street, Windermere, FL. 34786

### What Players should Wear/Bring:

- **For all practices and matches:** **BRING** a large **water** bottle and small healthy **snack**.
- **For practices:** **WEAR** comfortable athletic clothes, knee pads, socks that cover the ankle.
- **For MATCHES:** **WEAR** uniform jersey (provided), black knee pads, black socks that cover the ankle, and all-black athletic shorts or spandex that cover to mid-thigh.
- **SHOES:** Ensure your daughter wears athletic shoes **with good tread** (very important). **Volleyball shoes are recommended but not required.** However, if they need new shoes anyway, purchase **volleyball shoes** (e.g., ASICS, Mizuno) or **cross-trainer** shoes (for side-to-side motion).
- If you are unsure about volleyball apparel (e.g., knee pads, spandex, shoes), do **NOT** purchase them now. We will cover exactly what to get at the **Parent Meeting**.

