

Practices and Meetings

- **PRACTICES:** Mondays from 7:30 to 8:45pm and **Thursdays** from 5:30 to 8:30p
- **Uniform Fitting and FIRST PRACTICE:** Monday, February 27, 2023 from 7:30 to 8:45pm
- **MANDATORY PARENT MEETING:** Thursday, March 9 from 5:30 to 7pm (during practice)
- **[No practices Spring Break March 13 to 17]**
- The last Monday practice will be Monday, March 27, to be replaced with matches starting Monday, April 3 (see below)
- **Last Day of the Program:** Thursday, May 11

Season Matches and Tournaments:

- **DONUT TOURNAMENT:** Saturday, March 25 from 8:00am to 4:00pm
- **Monday Matches, April 3 from 5:00 to 9:15pm**
- **Monday Matches, April 10 from 5:00 to 9:15pm**
- **DONUT TOURNAMENT:** Saturday, April 15 from 8:00am to 4:00pm
- **Monday Matches, April 17 from 5:00 to 9:15pm**
- **Monday Matches, April 24 from 5:00 to 9:15pm**
- **Monday Matches, May 1 from 5:00 to 9:15pm**
- **MEDALS TOURNAMENT:** Thursday, May 4 from 5:00 to 9:00pm (in lieu of practice)
- **Finish MEDALS TOURNAMENT:** Saturday, May 6 from 8:00am to 5:00pm
- **Monday Matches, May 8 from 5:00 to 9:15pm**
- Thursday, May 11 is the last day of the program. This 'Practice' will be all about fun/celebration.

NOTE: All players are assigned a team (there are no 'cuts'). For **Monday Matches**, each team will be scheduled for two hours, either playing a double-header, or playing one hour and working one hour (working=referee-ing). Players and coaches **MUST ATTEND BOTH HOURS** and must arrive in the gym **AT LEAST 15 MINUTES PRIOR** to their first scheduled hour. The official match schedule will be distributed in March, after teams are decided. ACE Teams play each other plus any outside school/club teams in the league. **Donut Tournament** = teams compete for donuts. **Medals Tournament** = teams compete for medals with tournament standing.

Locations of all Practices, Meetings, Matches and Tournaments:

Family Church Gym: 300 Main Street, Windermere, FL. 34786

What Players should Wear/Bring:

- **For all practices and matches:** **BRING** a large **water** bottle and small healthy **snack**.
- **For practices:** **WEAR** comfortable athletic clothes, knee pads, socks that cover the ankle.
- **For MATCHES:** **WEAR** uniform jersey (provided), black knee pads, black socks that cover the ankle, and all-black athletic shorts or spandex that cover to mid-thigh.
- **SHOES:** Ensure your daughter wears athletic shoes **with good tread** (very important). **Volleyball shoes are recommended but not required.** However, if they need new shoes anyway, purchase **volleyball shoes** (e.g. ASICS, Mizuno) or **cross-trainer** shoes (for side-to-side motion).
- If you are unsure about volleyball apparel (e.g. knee pads, spandex, shoes), do NOT purchase them now. We will cover exactly what to get at the **Parent Meeting**.

